

Equipment for Personal Security

Checklist

- ✓ Adaptors for electrical sockets
- ✓ Alarm, such as a rape alarm or aerosol fog horn
- ✓ Body armor
- ✓ Clothing suitable to the environment you will be working in
- ✓ E-mail communications – typically a laptop computer and telephone landline, mobile or satellite phone
- ✓ First aid kit
- ✓ Flashlight/torch
- ✓ Helmet
- ✓ Insect repellent
- ✓ Map, preferably laminated or in a map case
- ✓ Map-marking pens
- ✓ Mobile phone and charger
- ✓ Money belt
- ✓ Mosquito net
- ✓ Notebook and pens
- ✓ Radio, short wave and FM, for listening to international and local news, plus spare batteries and/or charger
- ✓ Radio, two-way, plus spare battery and charger
- ✓ Surge protector (to protect electronic equipment when connected to unreliable power supply)
- ✓ Watch (robust and reliable, not valuable)
- ✓ Water bottle
- ✓ Waterproof coat
- ✓ Water purifying tablets
- ✓ Whistle

Documents

- ✓ Passport and/or identity card, driving license and vaccination certificate (keep photocopies of these in a separate place, or carry copies and keep the originals in a separate place)
- ✓ Copies of any important authorisation documents
- ✓ The relevant security plan
- ✓ Emergency contact details
- ✓ Insurance certificate and emergency insurance phone numbers
- ✓ Spare passport-size photos